

Drive the 5

- D**istracted free
- R**ested and alert
- I**mpairment free
- V**ehicle maintained
- E**nvironment aware

Learn more at [MyNSightOnline.com/DriveThe5](https://www.nationwide.com/DriveThe5)

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OTC, prescribed drugs, and CBD oil



Clear-headed drivers are essential for road safety. Remember, responsible medication management ensures safer roads.

1 Over-the-counter (OTC) medications:

- As a driver, be aware of how OTC medications can affect your ability to drive safely.
- For instance, antihistamines used for allergies can cause drowsiness.

2 Prescribed drugs:

- If you're a commercial motor vehicle (CMV) operator, inform your medical practitioner about your status.
- Discuss the drug's effects and any potential limitations on driving.

3 Prescription medications:

- Always take prescribed medications as instructed by your doctor.
- **Avoid expired prescriptions:** Using outdated medications may alter their chemical composition, leading to unexpected results in drug tests.

4 CBD oil:

- Some states allow low-THC CBD oil, while others prohibit it.
- Using CBD oil with higher THC levels than allowed by law may result in a positive drug test.

5 DOT perspective:

- The Department of Transportation (DOT) doesn't recognize CBD oil as a valid medical explanation for positive drug tests.
- CBD oil can be classified as a Schedule I drug.