

Drive the 5

- D**istracted free
- R**ested and alert
- I**mpairment free
- V**ehicle maintained
- E**nvironment aware

Learn more at [MyNSightOnline.com/DriveThe5](https://www.nationwide.com/DriveThe5)

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Proper lane changes

Approximately 32% of truck accidents¹ occur during lane changes. Be aware of your “No Zone”.

1 Minimize unnecessary lane changes:

- Reducing the number of lane changes can lower your risk.

2 Signal early:

- Activate your turn signal well in advance to alert other drivers of your intention to change lanes.

3 Check mirrors and blind spots:

- Look over your shoulder to ensure no vehicle is in your blind spot. If your truck is equipped with blind spot indicators, check those too. Recheck your mirrors.

4 Smooth steering:

- Steer gently into the new lane, maintaining speed with traffic. Quick movements give other drivers less time to react.

5 Maintain following distance:

- Once in the new lane, establish a safe following distance. Return to the right-hand lane when it's safe, following the practices above.

¹ <https://www.fmcsa.dot.gov/safety/research-and-analysis/large-truck-crash-causation-study-analysis-brief>